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Managing Cancer with Ayurveda

By Vaidya C D SibyChief Ayurvedic Physician

Ayurveda, the traditional Indian medical knowledge system, describes

different stages of tumor genesis as chronic inflammatory and intractable diseases with the possibility of developing malignancy, precancerous growth or probable malignancy, *Granthi* (benign glandular swelling), and Arbuda(definite malignancy).

According to Ayurveda, cancer results from lifestyle errors, such as unhealthy foods, poor hygiene, or poor behavior, or from physical trauma, all leading to imbalances of *Vata*, *Pitha* and *Kapha*. This results in injury to the inner layer of the dermis (*Rohini*, the sixth layer of the skin) and the formation of abnormal branches of blood vessels.

In this stage, early *Granthi* or *Arbuda* can develop, in the form of bubble-shaped glandular growths. *Granthi* has been described as a round, hard, and bulging swelling, produced owing to the aggravation of *Vata* and *Kapha* vitiating the muscle, blood, and fatty tissues.

Arbuda has been described as a round, large, muscular, immovable, deeply rooted, slowly growing swelling produced owing to the aggravation of doshas vitiating the muscle, blood, and fatty tissues. Both types of swelling can be inflammatory or non-inflammatory, based on the doshas involved.

Tridoshic tumors are usually malignant because all of the three major body humors lose mutual coordination, resulting in a morbid condition.

For registration and further details:

Date & Time 27th January 2018 2:00 pm to 4:00 pm Venue
Ayur Centre
Number, 8 Jalan Utara
46200, Petaling Jaya

Organised By **Ayur Centre Sdn Bhd**



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